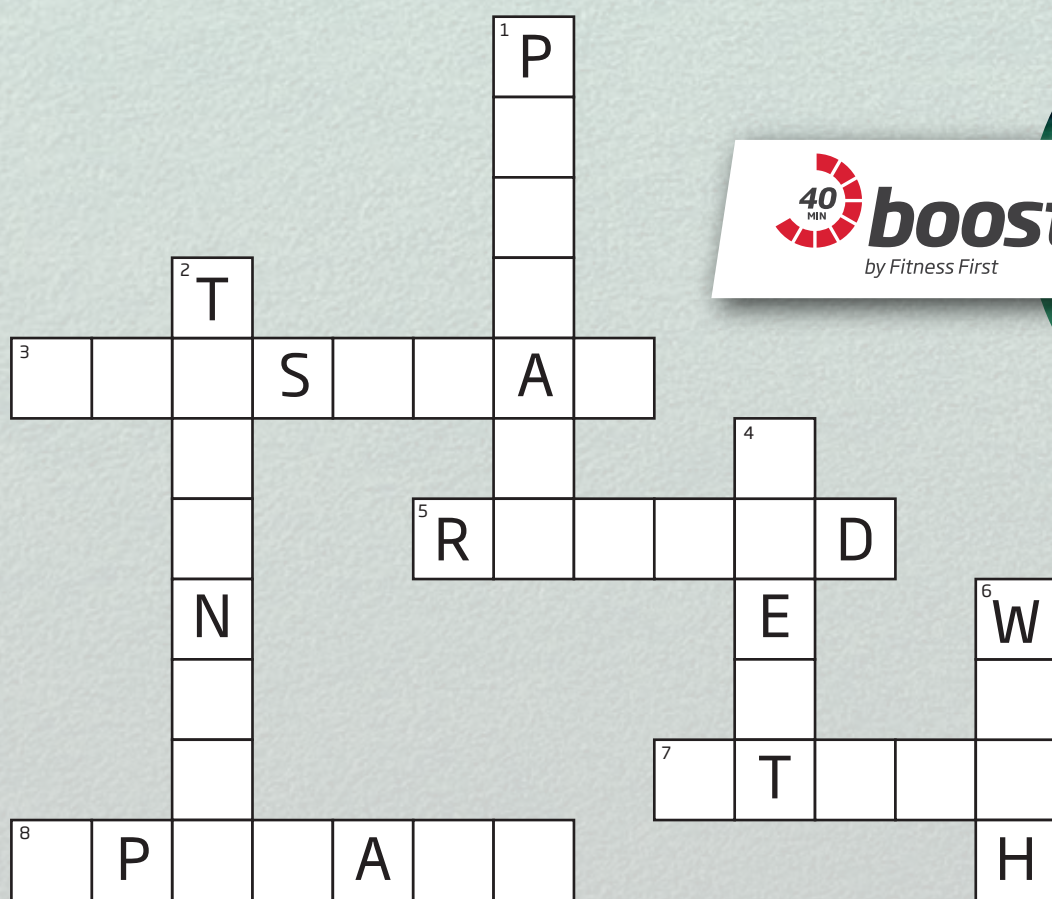


SOLVE TO WIN

1 - 31 May 2022

Give your brain a workout in our word hunt challenge this May.
Solve the puzzle at any club island-wide to win a
complimentary BOOST training session (worth \$70)
or 10% off any Innermost supplements.



INNERMOST

How to participate:

- Solve the puzzle on the posters at Front of House or bulletin board.
- Approach any of our staff to submit your completed puzzle.
- To complete a workout of your choice in our A-Z workout board.
- Share a picture of your workout on Instagram with #FitnessFirstSG
- Redeem your complimentary fitness treat