

FITNESS FIRST **FAMILY** SPORTS DAY

28 May 2022, Saturday

8.30am - 9.30am

Ang Mo Kio Town Garden West

Instructors: Sherlin & Kalai

Kick off the school holidays, get fit as a family, and spend time with your kids in this fun outdoor workout! Join our instructors in a series of entertaining fitness challenges and strive to be the best parent & child combo.

(This is an outdoor class and will be cancelled in the event of inclement weather.)

Entry is open to a **parent and child** (6-10 years) pair. Limited to 15 pairs only.
Register via email to **AngMoKio.GXM@fitnessfirst.com.sg** now.

Closing date: 22 May



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