



Fitness First

MEMBERSHIP HAS ITS
PRIVILEGES

First Privileges 2020

MEMBERSHIP HAS ITS **PRIVILEGES**

To add even more value to your membership, we are pleased to bring you our year-long offers, discounts and rewards from our partners.



Dear Member,

Getting in shape has never been so rewarding.

We believe in enjoying life. Hence, it is so important to keep fit and healthy. But it is also important to give yourself little treats and explore new things along the way to de-stress and live life fully.

Being a Fitness First member is more than just accessing a gym; it is a lifestyle. To add even more value to your membership, we are pleased to bring you our year-long First Privileges programme with special discounts and privileges for members like yourself.

Present your membership card to enjoy this world of offers.

So go on, reward yourself. You deserve it.

Yours in health & fitness
Fitness First Team

*If your company would like to extend offers or privileges to Fitness First members, please email to sg.marketing@fitnessfirst.com.sg with subject header as **'First Privileges - Attn Marketing Department'**. We will get in contact with you shortly.*



Dosirak is a quick service Korean restaurant that emphasizes on serving fast, healthy and quality Bibimbaps.

> **15% off any bibimbap at any outlet**

1. OUE Downtown 2 - 6A Shenton Way, #01-44 OUE Downtown Gallery, Singapore 068815
2. Suntec City - 3 Temasek Blvd, #B1-170 Suntec City, Fountain of Wealth, Singapore 038983
3. 313 Somerset - 313 Orchard Rd, #B2 - 15 Singapore 238895

www.dosirak.com.sg



FAB offers healthy grain bowls/salads which provides a balance diet to our health conscious customers. We get fresh produce each day and our chefs meticulously prepare the food from quality ingredients. All food is handled and prepared under the strictest quality and hygiene guidelines. Our customers can select from a wide range of bases, proteins, supplements, toppings and dressings.

> **10% off food purchase**

Discount not applicable for purchases over The Local Grind Counter.

- 1 Jurong East Street 21, Ng Teng Fong General Hospital Tower A - Clinics, #02-32 (next to Subway) Singapore 609606

www.fabfresh.sg



Etna
Italian Restaurant

In a very elegant and cosy ambience decorated with unique Italian artifacts, ETNA serves a delightful contemporary Italian Cuisine with a Sicilian touch. Using only the finest ingredients imported from Italy, the dishes at ETNA command centre-stage with their explosion of colors and tastes.

Moreover, you can also find the best authentic Italian pizzas here with a wide range of selection. The excellent food and beverages with the refined atmosphere are complemented by professional and warm service, with the utmost attention to customer satisfaction.

> **10% discount on ala-carte food items**

1. 49/50 Duxton Road S089513 Tel: 62205513
2. 110 Upper East Coast Road S455298 Tel: 64449530

www.etnaitalianrestaurant.com

 foodpanda



With over 7,000 restaurants and shops on our platform, foodpanda delivers everything from food you love to everyday items you need. Whether it's a juicy burger, refreshing bubble tea, or chicken rice from your local hawkers, we've got all your cravings covered.

And if you're missing milk, batteries, detergent or more, pandamart delivers over 20,000 products in under 25 minutes through your foodpanda app.

> **Promo code: FITNESSFIRSTNC**
> **Stay healthy with \$5 off YOLO, Harvestry, Cedele and SaladStop!**

Valid on all orders above \$10 till 30 June 2020 (for first 300)

[foodpanda.sg](https://www.foodpanda.sg)

THE COFFEE ACADEMİCS

Pouring Specialty • Brewing Perspectives



Leading the industry with coffee excellence, The Coffee Academics - an award-winning and dynamic specialty coffee concept from Hong Kong is proud to offer a selection of world-class coffee beans, with a rating of 92-points for its TCA House Blend.

> **10% off Hot/Iced Long Black & Bulletproof**
*Refer to T&Cs on Fitness First website

1. Ocean Financial Centre (OFC) #01-03
Tel: 69098731
2. Marina Bay Financial centre (MBFC) #01-01
www.the-coffeeacademics.com

MAD MEX

FRESH MEXICAN



Fresh, Fast, Delicious and Healthy! Made-to-order Mexican dishes combined with quick service! Create your own burrito, quesadilla, nachos or tacos to suit your own taste and nutritional requirements. We believe that one should never have to choose between a quick meal and quality healthy food.

Our food is made entirely of real ingredients, to give you that home-cooked quality. That means the smallest amount of preservatives, oils and sugars - but always big on taste. We use fresh ingredients in our recipes so simple you can make them at home. We use only real Mexican chillies, tomatillos, chipotles, and spices to bring you the big bold flavours of Mexico. Life's too short for boring burritos.

> **10% discount**
Valid for dine-in & takeaway only. Flash your staff card to redeem. Cannot be combined with other promotions, discounts and coupons

Marina Bay Financial Centre Tower 3
#02-05, 12 Marina Boulevard
Tel: 66947098
www.madmex.com.sg



NUTRITION KITCHEN

FRESH. LEAN. DELIVERED

NUTRITION KITCHEN

LOVE YOUR RESULTS. LOVE YOUR FOOD MORE



Promo code: FFMEM10
Enjoy 10% discount on a 5-day meal plan

*Terms and condition apply: Promo code is not applicable with any promotions or tier discount.

Nutrition Kitchen is a healthy meal delivery service, delivering macro-calculated meals right to your door Monday to Friday. Our mission is to make dieting enjoyable and sustainable

WWW.NUTRITIONKITCHENSG.COM

First Privileges

F Fitness First

the daily cut



We are here to make healthy food uncomplicated so you can focus on the important things. The Daily Cut is all about real food for real people.

> **10% off the bill**

1. One Raffles Place, 1 Raffles Place, S048616 #B1-31
2. Tanjong Pagar Centre (reopen in Feb 2020) 7 Wallich Street, tanjong Pagar S078884 #B2-16
3. 5 Straits View, The Heart S018935 #B2-41/42

www.thedailycut.sg

SARNIES



Started a few years ago by Aussie Ben Lee, Sarnies is a pumpin' little café located in the bustling CBD. Here at Sarnies, we are passionate about our products and their quality. Grass fed beef; chicken free from hormones and antibiotics; bacon cured inhouse - all so that you're guaranteed a fantastic meal every time. We serve up hearty breakfasts; gourmet sandwiches; massive salads, homemade bakery treats and a damn good cuppa.

> **10% off total bill**

136 Telok Ayer Street, Singapore 068601

www.sarniescafe.com



SALADSTOP!



EAT WIDE AWAKE with SaladStop!'s fresh and wholesome food. Choose from our Signature Salads, Wraps and Grain Bowls or Create Your Own healthy meal!

> **50% off your 1st purchase on SaladStop! App**

> **Promo code: FITNESSF50**

*Terms and conditions apply

Refer to website for outlet locations.

www.saladstop.com.sg

smol

SMOOTHIES
FOR HEALTHY



Motivated by our motto: Happier and Healthier People, we won over the hearts (and bellies) of individuals, one bowl at a time. Soul-enriching and smile-inducing, we strive to redefine the meaning of comfort food. Be it a quick bite, or a casual munch while you watch the hustle and bustle in the plaza of PLQ, smol is the place to be.

> **10% discount of food items**
(one bowl per transaction)

Paya Lebar Quarter Mall, Outdoor Plaza #01-K3
Tel: 97300472

www.smol.sg

THE MEAT CLUB

PRODUCT OF AUSTRALIA



The Meat Club is an online market place where you can get quality Australian produce direct from the source, home delivered.

> **\$50 off for your first order**
> **Promo code: SNS50**

*Minimum spend of \$100 on Club Prices applies.

www.themeatclub.com.sg



At Wafuken, the food we serve does not contain unhealthy fat, excessive sugar or tenderizer. We utilize modern cooking techniques, flavourful combinations of herbs, spices and quality ingredients in order to provide you with a healthy yet undeniably delicious experience.

> **15% of total bill**

1. 12 Marina View, Asia Square Tower 2, #02-05 Singapore 018961
2. 6A Shenton Way, OUE Downtown Gallery #02-23 Singapore 068815

www.wafuken.com

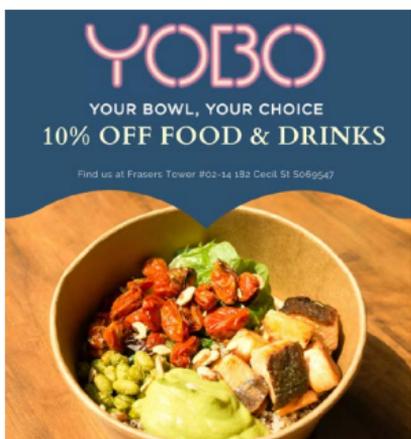


Poke Theory is a fast food-first concept serving up modern poke bowls, acai bowls, cold pressed juice & healthy snacks.

> **10% off total bill**

1. 27 Boon Tat St, Singapore 069623 Tel: 6904 8189
2. 5 Straits View, #B2-52 The Heart, Marina One Show Gallery, Singapore 018935 Tel: 6284 3100
3. #01-04, 111 Somerset, 111 Somerset Rd, S238164 Tel: 6235 1041
4. #01-53 Velocity @ Novena Square, 238 Thomson Rd, S307683 Tel: 6904 6010
5. #01-36/37, DUO Galleria, 7 Fraser St /S189356
6. #02-12, One@KentRidge, 1 Lower Kent Ridge Road, S119082

www.poketheory.com.sg



YOBO
YOUR BOWL, YOUR CHOICE
10% OFF FOOD & DRINKS

Find us at Frasers Tower #02-14 182 Cecil St S069547

Let us worry on filling your stomach. Focus on your journey to being healthy and fit!

> **10% off total bill**

Frasers Tower #02-14 Tel: 65927966
www.yobo.com.sg



From its humble beginnings as a layer cake (baumkuchen) shop in Toa Payoh back in 2010, local brand WHEAT Baumkuchen has grown into a household name for affordable and healthy bowls.

> **10% of total bill**



1. 313 @ Somerset #B3-46 Tel: 87769892
 2. Suntec City #02-458 Tel: 62612482
 3. Raffles City #B1-78 Tel: 67340128
 4. One Raffles Place #B1-32 Tel: 64433391
 5. Asia Square #02-02 Tel: 65350277
 6. Marina One #B2-33 Tel: 62821534
 7. International Plaza #01-19 Tel: 62214656
- <http://wheatbaumkuchen.oddle.me>



Fitness First



**BE THE FIRST
IN FITNESS**

City Osteopathy & Physiotherapy

Move better, live better



FREE Initial
Consultation and
Treatment for either
Physiotherapy or
Osteopathy



We specialize in:

- Sports injury management
- Children's injury management
- Everyday aches & pains
- Pre- and Post surgery education and rehab
- Women's Health (Pre & Post Natal)
- Ergonomics & Workplace Health
- Naturopathy
- Health & Performance Testing & Coaching

80 ROBINSON RD
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GUTHRIE HOUSE
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NOVENA SPECIALIST CENTER
(+65) 6339 9939



Chrysalis Spa is a one-stop spa haven in Singapore established since 2001. Chrysalis spa continues to evolve, in delivering its many sought-after beauty, wellness and health treatments to satisfy its clients' unique needs.

> **Free Radiance Peel (30 mins)**
(U.P \$160.50)

1. AMK Hub #03-26 Tel: 64819270
2. Bedok Mall #B2-39 Tel: 65873310
3. Jurong Point #03-04 Tel: 62658308
4. Clementi Mall #03-31 Tel: 66946001
5. North Point City #B1-160 Tel: 62527138
6. Pacific Plaza #03-13 Tel: 68849636
7. Westgate #B1-43 Tel: 65675393

www.chrysalis.com.sg



Beautiful and flawless skin is attainable, and we are dedicated to helping you achieve that perfect skin you deserve. HAACH Provides a Customized Enhancement Solution to Meet the Unique Needs of All Individuals.

> **Hydro complex facial treatment at \$39**
(U.P \$381)

www.haach.com



LIVE WELL
CHIROPRACTIC



Live Well Chiropractic focuses on correcting the root cause of the problem. We assess each patient thoroughly to understand their objectives. This helps us to measure outcomes accordingly and achieve ideal results. We've taken care of national athletes for their optimal performances and/or injury prevention. We can help you whether you're suffering from physical pain or aiming to further your sporting edge.

> **First consultation and treatment for \$38**
(U.P \$220)

- 1) Rivervale Mall #01-29/30 Tel: 62844878
- 2) 185 Toa Payoh Central #01-342 Tel: 62260829

www.livewellchiropractic.com.sg



We are a Friendly Chiropractic team who love to help our patients with their Spinal Health as well as sports injuries. We often treat our patients for Disc Injuries, Pinched Nerves, Headaches as well as all types of neck, Back and joint pain. We are a family clinic and specialise in the treatment of patients of all ages from young children to elderly patients. Our Mission is to increase the awareness that we only have ONE SPINE and it is something we should take good care of.

> **Initial Consult at \$35 (half price)**

321 Clementi Ave # 3 #02-04 Tel: 62599463

www.onespine.sg

SUU balm®

Formulated by the National Skin Centre Singapore, Suu Balm is designed for anyone with dry, itchy, sensitive and eczema-prone skin. It has been developed into a broad range of products which includes an itch-relieving body moisturiser, soap-free body washes and now to our latest products which are the scalp spray and facial series.



- > **15% off Suu Balm products on www.suubalm.com**
- > **Promo code: [fitness15](#)**

www.suubalm.com



The Posture Lab aims to spread the message of adopting the right posture, for an improvement in general health & promotion of long-term wellbeing. Upon initial Posture analysis, our team provides 1-to-1 services, classroom practical sessions & workshops to improve general posture that help to relieve various aches & pains.



- > **20% off services**

How to book:

1. Book Services via website
2. Select referred by "Fitness First" in registration
3. Receive confirmation of booking

SCAPE, 2 Orchard Link #02-15 Tel: 87927172

www.theposturelab.sg



Walking On Sunshine is the biggest garden-themed Beauty Salon in Singapore. Packed with professional hairstylists and nail artists from all over the world.



- > **Promo code: #FITMEMBERS50**

*Valid between 1 - 31 March only.

Terms and conditions apply

- > **50% OFF on Colouring Promotion for the members until the end of March 2020.**

Orchard Central #03-07 Tel: 88778800

www.walkingonsunshine.sg



FITNESS FIRST AMENITIES

Our first-rate facilities make sure you get the most out of your workout.

First Privileges

 Fitness First



We tailor-make your dream trips, hassle-free. Anywhr is the new way to plan & book your perfect vacation.

Chat with our expert Trip Curators to kickstart your next holiday!



> **5% booking service fee instead of usual 20% on tailor-made trips**

<https://anywhr.co>



We Believe We Can All Make A Difference. That's why every ANJE Rebel tells a story. Read our instagram for their stories. This is the new way of doing things. We call it The New Radical Transparency. In ANJE Rebel, we're not big on trends. Our designed pieces are created to last. Seek The Best, Wear ANJE.

- > **Promo Code: ANJEXFF2020**
- > **20% discount off all regular-priced items**
- > **Enjoy free delivery for your first order**
- > **Refer 3 friends to enjoy \$10 off your next order.**

<https://www.anjerebel.com>



Casa Dental is a leading dental practice that focuses on family dentistry. Casa Dental provides first class service for a wide range of clientele including local and expatriate patients from young to old. A friendly and dynamic practice, Casa Dental comprises of a team of dedicated and experienced dental professionals with the same aim of providing our patients with optimal dental health and a beautiful smile.

> **10% off all treatments except: Invisalign/braces, Dental Implant**

Terms and condition apply

1. 710 Ang Mo Kio Ave 8 #01-26 Tel: 64580667
2. 693 Woodlands Ave 6 #01-05 Tel: 65137870
3. Clementi Ave 1 #01-02 Tel: 63346984
4. 45 Holland Drive #01-353 Tel: 68730451

www.casadental.com.sg



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As official partners of Fitness First, we can offer

\$20 First Visit

including digital posture analysis, weight distribution test and chiropractic adjustment!

PLUS 20% off ALL packages

Call for your appointment today
at one of our 5 leading locations

CBD 6224 6326

Tampines 6782 6800

Toa Payoh 6250 9305

Clementi 6816 2957

Tanjong Pagar 9820 9693

*T&C's: Offer available for first time visitors to Total Health Chiropractic only. No rebate for treatments/packages already purchased. THC decision is final.

www.totalhealthchiropractic.com.sg

Ariston Thermo is a global leader in space heating and water heating for residential, commercial and industrial uses.



> **Free neck pillow and travel adaptor worth more than \$60 with any purchase of Ariston Instant water heater**

Audio House - 23 Ubi Road 4, #01-01
Singapore 408620

www.ariston.com.sg



Edit Suits is a high-end made-to-measure menswear tailor in Singapore and London, bringing both convenience and fair prices to the modern gentleman's wardrobe.

- > **FREE shirt with your first suit**
CODE: `fitness_suit`
- > **Bundle with 3 pants - Exclusive 15% OFF**
CODE: `fitness_pants`
- > **Bundle with 5 made-to-measure Shirts for 40\$ OFF**
CODE: `fitness_shirt`
*Book your appointment today at editsuits.com/appointments

35A Duxton Road, Level 2 Tel: 31583926

www.editsuits.com



Four Star Mattress is a Singapore owned mattress manufacturer established in 1968. We are trusted and approved by generations around the world, and have proudly grown with families to become a household name known for time-tested sleep solutions.



> **Additional 15% discount**
Terms and conditions apply

1. 44 Kallange Place, Four Star Building Level 1
Tel: 92344442

2. Kinex Shopping Centre #02-45 Tel: 67023610

www.fourstar.com.sg



mc2 is Singapore's first-ever smart blinds fashion gallery, a sprawling one-stop space where homeowners and interior designers can browse and purchase a wide array of home fashion products including smart blinds, curtains, wallpapers, marble, timber offerings and more.



> **Free \$200 mc2 vouchers with minimum spending of \$1000**

Vertex #01-28/29 Tel: 6634 7333

www.mc2.com.sg



**Donna[®]
Beauty**

**SMOOTH
1st WRINKLE FACIAL**

\$88

Thalgo Marine Collagen Facial
smooth first wrinkles and
expression lines

(U.P. \$532.86)

- Ang Mo Kio Hub #B1-24 Tel: 6481 5816
- Bedok Mall #01-27 Tel: 6384 3218
- IMM #02-30 Tel: 6563 6880
- The Star Vista #B1-17 Tel: 6694 4257

www.donnabeauty.com.sg

T&Cs apply. For first time customer only.

LA VIDA[®]

**CLASSIC
EYEBROW EMBROIDERY**

\$99

Looks like drawn eyebrows

(U.P. \$203.30)

FREE EYEBROW SHAPING
& DESIGN (U.P. \$29.96)

- Ang Mo Kio Hub #B1-24 Tel: 6481 5484
- Grantral Mall #01-09/10 Tel: 6774 7372
- Northpoint City #B1-168 Tel: 6873 1168
- White Sands #04-09/10 Tel: 6243 7182
- Bedok Mall #01-27 Tel: 6384 3218
- Lot One #02-02 Tel: 6769 3244
- White Sands #03-22 Tel: 6241 9364

www.lavida.com.sg

T&Cs apply. For first time customer only.

NailHaus[®]

**EXPRESS
GELISH MANICURE**

\$18
u.p.\$48.15

**EXPRESS
GELISH PEDICURE**

\$18
u.p.\$51.36

- AMK Hub #B1-24 Tel: 6481 5768
- IMM #02-29 Tel: 6566 5676
- Northpoint City #B1-168 Tel: 6754 8998

www.nailzhaus.com.sg

T&Cs apply. For first time customer only.

DOT



» 15% off regular priced items

1. DOT Bugis+ #02-14 Tel: 65096350
2. DOT Tampines #02-01 Tel: 67813823
3. DOT City Square Mall #B1-11 Tel: 66344889
4. DOT Compass One #02-12/13 Tel: 63855907

<https://dotshoponline.com/>

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cabin zero

KAPTEN & SON

First Privileges

Fitness First



Premium Lifestyle Technology Retailer.
Online Retailer of Audio headphones, smart wearables and gadgets.

> **10% off cart, minimum purchase of \$100**
> **Promo code: FF10offrack**

Offer not in conjunction with other promotion codes, member's benefits discount or employee purchase program.



Quartz Industrial Building #08-04 Tel: 66538219
www.Rack85.com.sg



White Sails Yacht is a premier yacht charter provider in Singapore



> **10% off yacht charter experience**
to Lazarus Island (4 hours)

www.whitesails.com.sg



Blends Natural herbal extracts with Modern trichology machines and Traditional techniques to provide Personalized and Targeted treatments.

**QXTL Head Reflexology
+ Scalp Detox 2IN1**

(90 mins of scalp care and wellness worth \$103)

\$54

Wholesome relaxation, relieves stress and improves scalp health

**Premature Grey Hair
Darkening Essential**

(90 mins of treatment worth \$97)

\$54

Stimulates melanin synthesis, prevent loss of colour pigment and control premature grey hair growth

Whatsapp 8916 4066 / call 6259 0977 to make an appointment. Limited to one redemption per member.
Blk 714 Ang Mo Kio Central Ave 6 #01-4012 Singapore 560714
www.vesurehairtherapy.sg

sloggi



sloggi® brings true comfort to people's everyday by creating the most wearable, innovative bodywear in the world. Launched in 1979, the brand has long been the best-selling brief brand in Europe and today delivers unrivalled comfort across multifaceted intimate apparel ranges for both women and men across Europe, Asia, US and Canada.

> **Up to 60% off on selected mOve active wear**

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Fitness First



**BE THE FIRST
IN FITNESS**

First Privileges

 Fitness First



AUSTRALIA'S N°1 BRAND VITAMINS & SUPPLEMENTS

SUPPORTS
ENERGY & STAMINA



SWISSE
MEN'S ULTIVITE
MULTIVITAMIN

SWISSE
WOMEN'S ULTIVITE
MULTIVITAMIN

Chris Hemsworth
CHRIS HEMSWORTH
SWISSE NATURALIST

Swisse inspires millions of people around the world to treasure and enhance their health, wellbeing and happiness, and celebrate life every day.

PREMIUM FORMULATIONS

Our premium quality formulas are made with ingredients and extracts sourced from around the world.

RESEARCH AND EVIDENCE

Our formulas are based on scientific and traditional evidence.

QUALITY CONTROL

Our products are put through rigorous quality control checks to meet the highest standards set by the Australian Government's Therapeutic Goods Administration (TGA).

30% OFF SWISSE PRODUCTS!

Register and order at <https://eprocare.urbanfox.store>

*IRI MarketEdge, Vitamins & Supplements Scan Data (AU Pharmacy + AU Grocery), Dollars, MAT 24/03/2019.

swisse.sg @swissesg www.swisse.com.sg

Terms and conditions

- Offers listed under Fitness First's First Privileges programme ("First Privileges") are subject to the Terms and Conditions of the First Privileges programme. Redemption/use of the First Privileges offers/discounts/privileges/promotions ("Offers") constitutes acceptance of the terms and conditions set out herein.
- All current members of Fitness First (both Home and Passport members) are eligible for Fitness First First Privileges Offers at participating merchants/restaurants/outlets/suppliers/establishments ("Merchants"). Only members who have a current & unexpired membership with Fitness First are eligible. Participating Merchants reserve the right to refuse Offers to members with membership cards which are printed with expired membership dates.
- Members are to present their Fitness First Membership card prior to ordering / purchase. Additional photo verification might be required.
- All offers are valid from 1 February to 31 December 2020 (inclusive) unless otherwise stated. These offers are valid in Singapore only.
- Dining offers are not valid on the Eve of and on Public Holidays and other special occasions including Christmas Day, New Year's Day, Chinese New Year, Valentine's Day, Mother's Day, Father's Day, unless otherwise stated.
- Offers are not valid with and are not to be used in conjunction with any other on-going promotions, offers, vouchers, coupons, discounts, packages, privilege cards, set/special menus, and loyalty/in-house programs, unless otherwise stated.
- All restaurant/dining Offers are for dine-in only. Advance dining reservation is strongly recommended and subject to availability.
- Participating Merchants reserve the right to replace complimentary item with another item of similar value.
- All offers are limited to one redemption per purchase/visit/bill/table per card holder unless otherwise stated. For 1-for-1 offers, the free item must be of equal or lower value than the item purchased.
- Offers are not returnable and not exchangeable for cash, credit or other goods and services. In cases where a dining voucher is issued as part of the promotional offer, usage of the voucher is subject to the issuing restaurant/outlet's terms and conditions and is redeemable only on the next visit.
- Fitness First is not an agent of any of these participating Merchants and gives no representation or warranty with respect to any goods or services (including their quality or suitability) provided under First Privileges.
- All feedback regarding quality and services provided should be directed to the respective Merchants. Any dispute concerning goods or services received under First Privileges shall be settled between the member and the participating Merchants involved.
- All information is correct at time of print.
- Amendments to the First Privileges programme, including but not limited to changes to existing privileges, terms and conditions and partner participation will be updated on www.fitnessfirst.com.sg. Information on the website supersedes all prior communications for the First Privileges programme. Any Fitness First member who continues to use his/her card at participating Merchants will be deemed to have agreed with and accepted these amendments.
- Fitness First and the Merchants reserve the right to withdraw, substitute or vary any of the offers stated herein from time to time without prior notice. Any substitution or variation by Fitness First of any offers contained herein shall not entitle the member to any claims or compensation from Fitness First for any and all losses or damages suffered or incurred by the member, whether directly or indirectly. For avoidance of doubt, Fitness First does not warrant the availability or continuity of the privileges and does not assume legal obligation in respect thereof. Fitness First shall not be liable or responsible for any loss or damage suffered by any user of the privileges or any third party arising from or in connection with including printing or typographical errors, omissions, misrepresentations, improper use of information or infringement of intellectual property rights.
- Fitness First reserves the final right to alter the terms of the privileges, the replacement of merchants as necessary & the right to recall the rewards programme and all related privileges without prior notice.
- Any redemption/utilisation of the Offers listed under the First Privileges programme constitutes an acceptance of the terms and conditions of the First Privileges programme.

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