

GET ACTIVE! SET YOUR CHALLENGE AND GO FOR IT!

2010 SINGAPORE SPORTS RACE CALENDAR

DATE	RACE	WEBSITE
06 Mar 2010	OCBC Cycle Singapore 2010	ocbc.cyclesingapore.com.sg
06 Mar 2010	Metta Charity Run @ East Coast	www.metta.org.sg/mettarun2010
07 Mar 2010	MR25 15 km Progressive Run	www.mr25.org.sg
13 Mar 2010	Singapore Biathlon	www.safra.sg/singaporebiathlon
13 Mar 2010	MILO MOE Youth Triathlon 2010	www.youthtriathlon.sg
14 Mar 2010	Singapore Sprint Series Race 2: Duathlon	www.singaporesprintseries.com
14 Mar 2010	North East Run	www.northeastrun.com
20 Mar 2010	Run 350 by YOUNG NTUC	www.youngntuc.org.sg
21 Mar 2010	Aviva Ironman 70.3 Singapore 2010	www.ironman703singapore.com
27 Mar 2010	Run Round Singapore 2010	www3.ntu.edu.sg/RunRoundSIN
27 Mar 2010	The Amazing Kidney Race 2010	www.kdf.org.sg/event_004.aspx
28 Mar 2010	CitiSpa & Mizuno Power Run	citispapowerrun.com
<hr/>		
04 Apr 2010	MR25 Time Trial	www.mr25.org.sg
10 Apr 2010	OSIM Singapore International Triathlon 2010	www.triathlon.sg
11 Apr 2010	2XU Compression Run	2xurun.keypowerintl.com.sg
18 Apr 2010	Run For Water Singapore	runforwatersingapore.com
25 Apr 2010	F1 Sports EQ Nature Run 2010	f1sportseq.blogspot.com
02 Apr 2010	Singapore Sprint Series Race 3: Triathlon	www.singaporesprintseries.com
02 Apr 2010	MR25 20km Progressive Run	www.mr25.org.sg
<hr/>		
22 May 2010	Singapore Passion Run 2010	www.singaporepassionrun.com
23 May 2010	National Vertical Marathon 2010	nvm.ntusportsclub.sg
29 May 2010	Sundown Marathon 2010	www.sundownmarathon.com
06 May 2010	MR25 Time Trial	www.mr25.org.sg
13 May 2010	MR25 Cross Country Marathon 2010	
13 May 2010	Mizuno Mt Faber Run 2010	www.mizunomtfaberrun.com
13 May 2010	Adventure Trail Challenge	ntuodac.com/atc
<hr/>		
04 Jul 2010	MR25 25 km Progressive Run	www.mr25.org.sg
17 Jul 2010	HomeTeamNS Terrain Race	www.hometeamns.sg
18 Jul 2010	SHAPE Run	www.shape.com.sg/shaperun
<hr/>		
01 Aug 2010	MR25 Time Trial & Elite Time Trial	www.mr25.org.sg
<hr/>		
05 Sep 2010	MR25 30 km Progressive Run	www.mr25.org.sg
19 Sep 2010	Salomon X-Trail Run 2010	
<hr/>		
03 Oct 2010	MR25 Time Trial & Elite Time Trial	www.mr25.org.sg
09 Oct 2010	The North Face 100 (2010)	www.thenorthface100.com.sg
10 Oct 2010	Newton 30km Challenge	2xurun.keypowerintl.com.sg
10 Oct 2010	Mizuno Wave Run	www.mizunowaverun.com
17 Oct 2010	New Balance REAL Run 2010	www.realrun.sg
31 Oct 2010	Great Eastern Women 10K	www.women10k.com
<hr/>		
07 Nov 2010	MR25 35 km Progressive Run	www.mr25.org.sg
<hr/>		
5 Dec 2010	Standard Chartered Marathon	www.singaporemarathon.com
12 Dec 2010	MR25 Time Trial	www.mr25.org.sg
26 Dec 2010	MR25 Cross Country Ultra Marathon 2010	www.mr25.org.sg

Ask our friendly Personal Trainers to assist you with a training programme or more information on the races.

FitnessFirst

All dates given here are correct as at 1st Feb. Please check the website for latest updates/changes.